

Getting In or Out of Bed?

Ask for Help First

You are taking the following medicine(s) that could increase your risk of falling:

Please ask for help getting in or out of bed if you feel:

- Dizzy
- Unsteady
- Light-headed

Please press your call button. A nurse will come to help you.

If you are deaf or hard of hearing, please let us know. We provide many free services including sign language interpreters, oral interpreters, TTYs, telephone amplifiers, note takers and written materials.