

ICSI Basket of Care Measurement Responses

Organization Name:	Minnesota Hospital Association	Date:	Sept. 7, 2009
Name of person submitting:	Matt Anderson		
Basket Topic:	Pre- Diabetes		

Responses:

General Comments:

Because of the short timeframe for submitting responses, especially given the Labor Day holiday, the Minnesota Hospital Association will continue to submit responses we receive from our members after the Sept. 7 deadline.

1. Clinical Outcome Measures:

Fasting Plasma Glucose < 126 at one year; as evidence not progressing to diabetes

Tobacco Free

Physical Activity

(at least 150 minutes per wk)

Plan for moderate weight loss- 7%

If BMI > 25%- plan includes healthy eating

Comments: Unclear how providers will measure whether patients undertake at least 150 minutes of physical activity per week. "Physical activity" needs to be defined. The U.S. Department of Health and Human Services' *Physical Activity Guidelines for Americans* might serve as a helpful resource for such a definition.

Fasting plasma glucose, tobacco free and physical activity, are outcome measures whereas creating a plan for weight loss is a process measure because it does not measure changes in the patient's health status or outcome. MHA suggests re-categorizing this measure to a process measure.

It is unclear why the recommended measure of a healthy eating plan is limited to pre-diabetics with a BMI score above 25%. MHA suggests that the quality measure include providing every patient in this basket of care with a healthy eating plan. In either case, this measure should be categorized as a process measure since it does not quantify whether patients implement the plan, change their diet or improve their health status, but rather measures and documents whether the provider complied with an appropriate process for delivering appropriate care and counseling.

2. Process Measures: When clinical outcomes measures do not cover key components of the basket.

No measure recommended

Comments:

3. Education/Coaching/Counseling Measures: Documentation of education, coaching, counseling related to pertinent aspects of basket:

No measure recommended

Comments:

4. Functional Status Measures:

No measure recommended

Comments:

5. Patient Experience Measures: CG- CAHPS or H-CAHPS Survey

No measure recommended

Comments:

6. Economic Measures:

No measure recommended

Comments: