

| Date & Time Initiated/Initials | Date & Time Resolved/Initials | Problem | Outcomes | Interventions |
|--------------------------------|-------------------------------|------------------------------------|--|--|
| | | Skin Integrity: Non-intact skin | Achieve timely wound healing, as appropriate for wound and condition | <p>Assessment/Education/Discharge Planning:</p> <ul style="list-style-type: none"> ■ Assessment: <ul style="list-style-type: none"> › Perform wound and peri-wound assessment (i.e., length, width, depth, appearance of wound and peri-wound tissue) › Evaluate the effectiveness of the wound treatment › Monitor for signs/symptoms of complications (i.e., infection, bleeding, ischemia, edema) ■ Education: <ul style="list-style-type: none"> › Teach skin/wound care › Teach of potential complications and the signs/symptoms of possible complications to be watching for › Discuss outcomes › Discuss possible alternative treatments › Promote lifestyle changes (i.e., eliminate/reduce the use of tobacco, caffeine, restrictive garments, exposure to cold, alcohol and illicit drug consumption) to facilitate wound healing ■ Discharge Planning: <ul style="list-style-type: none"> › Facilitate home health/clinic referral › Provide follow-up visits and resource referrals › Identify wound care supply options/resources › Discuss and arrange discharge plans <p>Medical Interventions: Consider obtaining the following (MD order required):</p> <ul style="list-style-type: none"> ■ Labs (i.e., CBC with differential, Metabolic panel, Pre-albumin, Hemoglobin A1C, Wound culture) ■ Radiology (i.e., X-ray, Bone scan) ■ Vascular studies (i.e., ABI, Doppler) <p>Wound Care:</p> <ul style="list-style-type: none"> ■ Remove any necrotic tissue ■ Eradicate infection ■ Control excessive exudates ■ Maintain a moist wound environment ■ Protect wound from further injury ■ Protect surrounding skin from further injury/breakdown <p>Any additional patient specific interventions (write in):</p> |

180-06527 (07/06)

* In addition to this care plan, also initiate the care plan titled "Skin Integrity Care Plan: Prevention of Skin Breakdown" to prevent any further breakdown

Addressograph / Label



HENNEPIN COUNTY MEDICAL CENTER
LEVEL 1 TRAUMA CENTER
Minneapolis, MN 55415
SKIN INTEGRITY CARE PLAN
NON-INTACT SKIN *

C A R E P L A N N O N - I N T A C T S K I N