

# Safe Skin: Skin Inspection Opportunities

- **When applying O2**  
*check the ears for pressure areas from tubing*
- **If patient is immobile**  
*check the back of the head during repositioning*
- **When doing lung sounds or turning**  
*look over the back, shoulders and sacrum*
- **When assessing the abdomen**  
*look over skin folds and hips*
- **When placing pillows under calves**  
*check heels and feet*
- **When checking IV sites**  
*check elbows and arms*
- **If patient is here for surgery**  
*know the areas prone to breakdown*
- **When getting patient up or doing cares**  
*check the back, sacrum and heels*
- **When doing respiratory tube(s) site care**  
*check under and around devices*

