

Entity: FLH, FRH, FSH, UMMC

Manual: Nutrition Services

Category:	Provision of Care, Treatment, and Services
Subject:	Nutrition Management in Prevention and Treatment of Wounds
Purpose:	To provide nutritional guidelines for identification, treatment, and monitoring of patients with wounds or at risk for developing wounds to promote healing.
Policy:	Nutrition services have an integral role in the multidisciplinary team to help facilitate wound healing, reduce risk of infection, maintain or replete nutrient stores, and assure nutrition regimen tolerance.
Procedure:	<p>I. Identification and Assessment</p> <p>A. Patients requiring nutrition intervention upon admission for wound care will be identified through Nutrition Risk Screening on the Nursing Admission Assessments (Entry Point Assessment, PICIS, Patient Profile in KBC, etc).</p> <p>B. For patients post admission; Nursing Braden Risk Assessment score <3 for Nutrition indicates need for RN to enter consult to Nutrition Services. Registered Dietitian/Registered Diet Technician will assess patient within 48 hours of consult, if not already following patient. The patient will be placed on the appropriate nutrition wound care protocol with consideration of specific disease states.</p> <p>II. Medical Nutrition Therapy</p> <p>A. Dietitian to implement appropriate interventions per FHS Nutrition Services Adult Wound Care Protocol and Micronutrient Table.</p> <p>III. Wound Healing Nutrition Goals</p> <p>A. Provide adequate calories and protein for positive nitrogen balance and maximal nitrogen retention.</p> <p>B. Optimize hydration status and perfusion to wounded tissues.</p> <p>C. Provide 100% of the RDA or adequate intake for daily</p>

	<p>vitamins and minerals.</p> <p>D. Treat suspected or confirmed vitamin and mineral deficiencies, especially Vitamin C, Vitamin A, and Zinc.</p> <p>E. Maintain glycemic control.</p> <p>IV. Monitoring</p> <p>A. Nutritional progress will be monitored per Nutrition Care Model, including ongoing evaluation of intake adequacy, status of wound, and Braden Score.</p> <p>B. Monitor outcomes to avoid nutrient toxicity.</p> <p>C. Monitor actual vs. desired outcomes from nutrition interventions.</p> <p>D. Adjust nutrition care plan as needed to reach desired outcomes.</p>
External Ref:	Wound References ; Joint Commission
Internal Ref:	Fairview System Policy: Pressure Ulcer Prevention Micronutrient Review Nutrition Services Adult Wound Care Protocol
Source:	Clinical Nutrition Practice Committee
Approved by:	System Clinical Nutrition Leadership Team
Date Effective:	07/05
Date Revised:	6/08
Date Reviewed:	6/08