Skilled nursing facility sepsis algorithm for adults

**Negative screen for sepsis**

**Early detection tool 100-100-100**

**Suspected infection and 2 or more SIRS criteria**

- Fever/chills
- Currently on antibiotics
- Cough/SOBS
- Cellulitis/wound drainage
- Weakness

SIRS = Systemic Inflammatory Response Syndrome

**Prior to calling provider**

- Educate resident/family about status
- Review Advance Directives and options

**Notify provider**

**Transfer**

- Prepare transfer sheet
- Call ambulance
- Call report to hospital
- Report positive sepsis screen

**Stay in facility**

*If Advance Directives and/or resident’s wishes are in agreement, consider some or all of following order options:*

- Labs: CBC w/Diff, lactate level (if possible), UA/UC, blood cultures if able; from 2 sites, not from lines. *Send all labs ASAP.*

  Establish IV access for the following:
  - IV normal saline 0.9% @ 30ml/kg if BP <100
  - Administer IV, IM or PO antibiotics
  - Comfort care

**Monitor for progression into Multisystem Organ Dysfunction Syndrome**

- Progression of symptoms despite treatment
- Urine output <400ml in 24 hours
- SBP <90 despite IV fluids
- Altered mental status

Consider transferring to another level of care - hospital, palliative, or hospice

**Comfort care**

- Pain control
- Analgesic for fever
- Reposition every 2-3 hrs
- Oral care every 2 hrs
- Offer fluids every 2 hrs
- Keep family informed
- Adjust care plan as needed